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## FILED

FEBRUARY 21, 2006

NEW JERSEY STATE BOARD OF MEDICAL EXAMINERS

STATE OF NEW JERSEY
DEPARTMENT OF LAW AND PUBLIC SAFETY
DIVISION OF CONSUMER AFFAIRS
STATE BOARD OF MEDICAL EXAMINERS

IN THE MATTER OF THE SUSPENSION
OR REVOCATION OF THE LICENSE OF

NIMER ISKANDARANI, M.D.
License No. MA03348300

TO PRACTICE MEDICINE AND SURGERY
IN THE STATE OF NEW JERSEY

Administrative Action
CONSENT ORDER

THIS MATTER was opened to the New Jersey State Board of Medical Examiners (hereinafter "Board") upon its receipt of the results of an undercover investigation conducted by the State of New Jersey (hereinafter "State"), Division of Criminal Justice (hereinafter "DCJ"). That investigation revealed that Respondent, Nimer Iskandarani, M.D. (hereinafter "Respondent") prescribed Xanax to an undercover DCJ investigator who posed as patient R.S. and who, in fact, had no medical reason for receiving this medication. Specifically, Respondent prescribed Xanax to R.S. based upon her subjective complaints. The Board also received information which raised questions concerning Respondent's prescribing practices of

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Xanax and other Controlled Dangerous Substances (hereinafter "CDS") medications to several <u>bona fide</u> patients.

Respondent, appearing <u>pro se</u>, testified before the Preliminary Evaluation Committee (hereinafter "PEC") of the Board on March 3, 2004. During his appearance, Respondent discussed his treatment of the above-referenced patients for whom he prescribed Xanax and other CDS medications in an effort to manage their various psychiatric conditions. A detailed review of Respondent's patient records and responses under oath revealed that Respondent failed to adequately record his specific findings and the basis for his decisions to prescribe the medications. The Board finds that Respondent's medical care of these patients was inadequate, thus constituting violations of N.J.S.A. 45:1-21(c), N.J.S.A. 45:1-21(d) and N.J.S.A. 45:1-21(e).

Respondent, being desirous of resolving the above-captioned matter without further formal proceedings, and the Board, finding the within Consent Order adequately protective of the public health, safety and welfare, and for good cause having been shown:

IT IS on this 16th day of February , 2006: ORDERED AND AGREED:

1. Respondent, Nimer Iskandarani, M.D., is reprimanded for failing to adequately document the basis for his prescription of Xanax and other CDS to several patients. Respondent shall observe the provisions of the directives for Medical Board licensees whose

licenses have been disciplined, a copy of which is attached hereto and made a part hereof.

- 2. Respondent shall, at his expense and within the next six (6) months following entry of the within Consent Order, take and successfully complete a medical record keeping course approved in advance by the Board. Successful completion means that all sessions were attended, all assignments were properly and appropriately completed, and a passing grade was achieved that was unconditional and without reservations.
- 3. Respondent shall, at his expense and within the next six (6) months following entry of the within Consent Order, take and successfully complete Continuing Medical Education (hereinafter "CME") refresher courses in psychiatry, including the use of psychotropic medications. Said CME courses shall be approved in advance by the Director of Medical Education.
- 4. Respondent shall pay civil penalties to the Board in the amount of \$5,000.00 within ten (10) days of entry of the within Consent Order.
- 5. Respondent shall pay investigative costs in the amount of \$8,267.74 within ten (10) days of entry of the within Consent Order.
- 6. Said payments for civil penalties and investigative costs shall be made by certified check or money order and shall be made payable to the New Jersey State Board of Medical Examiners. Said

payments shall be submitted to William Roeder, Executive Director, Board of Medical Examiners, P.O. Box 183, Trenton, New Jersey 08625-0183, within ten (10) days of entry of the within Consent Order.

7. Respondent shall meet with the Medical Director of the Board for a periodic review of his medical records, on a quarterly basis or as directed by the Medical Director, for a one (1) year period following entry of the within Consent Order.

NEW JERSEY STATE BOARD OF MEDICAL EXAMINERS

By: Sindy Paul m. mPH
Sindy Paul, M.D., M.P.H.
President

I have read and understood the within Consent Order, agree to be bound by its contents, and consent as to form and entry.

Nimer Iskandarani, M.D.

Consented to as to form:

Peter A. Greene, Esq.

attorney for Nimer Iskandarani, M.D.